



# Parenting After Divorce Christmas Tips for Happy Holidays

Cooperative parenting during the post divorce Christmas season means putting your kids needs first. Let the season be magical and your kids carefree as you insulate them from any animosity you feel towards your ex or his family. The following tips can help make the holidays easier for everyone involved.

---

## **Child Custody During the Holidays: Creating a 'Win-Win-Win' Situation** By: Angela Neave

The holidays are a time when families come together, but for divorced parents, it is typically a time when they must share their children. Divorced parents have to face the stressful and painful reality of not spending every holiday with their children. Here are a few tips to make the holidays a "win-win-win" - for you, your former spouse, and your children:

**Make the best of your time with your children.** Just because you might not have the exact date or amount of time that you wanted with them, doesn't make the time with your children any less special.

**Support your children and encourage them to enjoy the time they spend with your former spouse.** It can be difficult for a child to understand why their parents are not together for the holidays. Your encouragement can help to counteract any guilt they may feel for not being with you.

**Do not ridicule or belittle your former spouse or their family in front of your children.** The healthier the relationship is between the parents, the happier your children will be.

In the end, working together with your former spouse to do what is best for your children can help to ensure that everyone has a happy holiday season.

Return to the top of [Post Divorce Christmas Parenting Tips](#)

---

Angela R. Neave is an associate with The Law Firm of Barry Finkel, P.A. She is a family and divorce lawyer who focuses on helping those facing the difficult challenges of failed marriages and a confusing legal system. Learn more at [www.bfinkelpa.com](http://www.bfinkelpa.com).